

## A parent/carer guide to an Educational Psychology Assessment

### What is an EP assessment? How do we work?

Our assessments aim to identify what skills your child or young person have already and, drawing on psychological knowledge, what might help them to make progress in the future. Our assessments involve:



We use a **'least intrusive, most effective'** approach where we will work with you and school staff to think together about your child and what might help them. We need **your consent** for our involvement before any work begins. We build upon the information already known and what will be helpful next.

### What will we do during our assessment?

What we do will depend on the purpose of the assessment and why we have been asked to become involved. We will always speak to you and the staff who know them best to find out more about them, decide what other information is needed and who else we need to talk to (e.g., other professionals).



We might also want to meet your child to:

- Talk to them about what they enjoy and is important to them
  - Find out what they think they are good at
- Chat about what they would like to be different (if anything)
  - Do some questionnaires
  - Try different quizzes and activities

We have different ways to work with children and young people to help him engage. Sometimes, we are asked to do cognitive assessments which we might do after we have spoken to you and their teachers if we think it is going to be helpful. However, sometimes they aren't helpful or fair if:

- They find it hard to sit and concentrate on adult-led tasks for short periods of time;
- They struggle to understand language and wouldn't be able to understand the instructions;
- They are feeling anxious and not able to do their best because of this; or
- An assessment like this has been done recently (because the scores and findings might not be accurate)



Questions are warmly welcomed via our phone number (0844 967 1111) or email address – [epsadmin@oneeducation.co.uk](mailto:epsadmin@oneeducation.co.uk)

### Our values:

*We listen to, advocate for, empower and affirm those we work with using principles of social justice and anti-discriminatory practice.*

*Collaborative practices, in which we learn from and with one another is central to every aspect of our role.*

*We support wellbeing by building trust, showing respect and empathy and enabling people to make the most of their strengths and interests.*

*With autonomy and professional curiosity, we develop and apply evidence-based psychology to understand and find solutions to issues presented to us.*