



NEURODIVERSITY



Neuro affirming practice: recognising, respecting and valuing neurological differences

EMBRACE NEURODIVERSITY

- Celebrate differences
- Highlight strengths
- Promote awareness
- Support inclusion

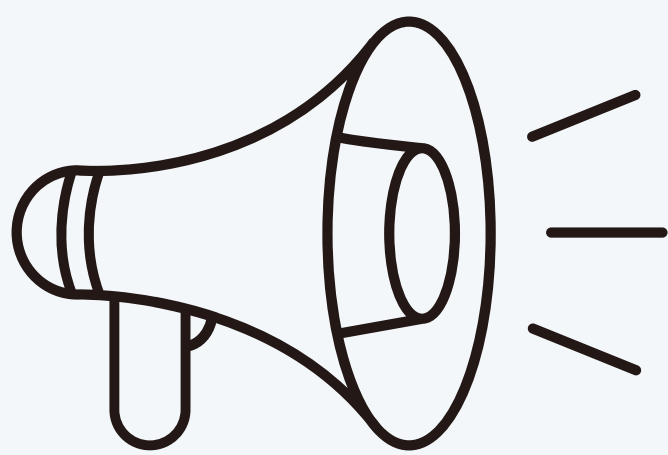


RESPECT INDIVIDUAL DIFFERENCES

- Personalised support
- Consider individual preferences
- Avoid assumptions and presume competency
- Honour individual choice
- Consider cultural differences

ENCOURAGE ALL FORMS OF COMMUNICATION

- Use affirmative language to empower individual
- Provide opportunities to express themselves
- Use and accept alternative forms of communication e.g. gesture, signs, non-verbal, pictures and visuals



PROMOTE SELF-ADVOCACY AND AUTONOMY

- Teach self-advocacy and support in expressing their needs and preferences
- Support decision making and encourage their involvement
- Provide tools e.g. communication aids
- Encourage independence

CREATE INCLUSIVE ENVIRONMENTS

- Physical accessibility
- Visual supports: visual aids, timetables, now and next boards
- Sensory considerations (e.g. quiet spaces, sensory tools)
- Inclusive practice



“We do not need to cure neurodiversity, we need to embrace it”
- Jonathon Mooney