

One Education

Educational Psychology Resources

SENSORY PROCESSING DIFFICULTIES (SPD)

We experience the world through our senses. A sensory processing disorder is a condition in which the brain has trouble receiving and responding to information that comes in through the sense. There are two types:

Hypersensitive: when children are extremely reactive to sensory stimulation.

Hyposensitive: when children are under-sensitive, making them seek out more sensory stimulation.

It can affect any of the following senses: visual, auditory, touch, taste, smell and movement.

These problems can be tough on children and get in the way of them functioning effectively, their learning and ability to make friends. It can sometimes cause children to exhibit extreme behaviours because they feel too overwhelmed.

An important area of our role is to support and develop our understanding of the psychological implications on children's development, their learning and how we can assess them. A further aim is to raise awareness in schools through training.