

Read these linked texts:

Eddie's Garden: and How to Make Things Grow by Sarah Garland
Hello Fruit Face: The Paintings of Giuseppe Arcimboldo by Claudia Strand
Let's Get Gardening by RHS
Where do Vegetables Come From by Linda Staniford
We Eat Bananas by Katie Abey

This painting is of a ruler called Rudolf II who lived from 1552-1612. The artist, Arcimboldo has created his portrait using different foods and flowers. How many can you see? Are there any you can't name?

Find out about some of the foods that Arcimboldo used.

You could even try some foods he used that you haven't eaten before!

Eating fruit and vegetables, such as the ones used in Arcimboldo's portrait, is one way that we can keep healthy. Talk about other ways we can keep healthy, such as by exercising and brushing our teeth.

Giuseppe Arcimboldo was known for using different objects to create his portraits of people. He used things such as books, food, pots and pans. For some portraits, such as *The Librarian*, he used objects that were connected with the person.

What objects would Arcimboldo use to create a portrait of you? Which objects show what you like most?



Vertumnus by Giuseppe Arcimboldo (1590-91)

You can find out more about Giuseppe Arcimboldo on this website:

<https://kids.britannica.com/students/article/Giuseppe-Arcimboldo/630346>

Perhaps you could create your own vegetable or flower art like these:

<https://kinderart.com/art-lessons/drawing/fruit-and-vegetable-portraits/>

Look at other examples of Arcimboldo's portraits. What other fruits, vegetables and food has he used?

Choose some unusual vegetables to describe. Think about their colour, size and shape. How would they feel to touch? How would they smell?